

Dream Team Staff

Lisa Dodd

- University of Oregon Coach
- Former UCLA star in the circle & at the Plate.



Dena Tyson Slye -

- University of Washington All American,
- PLU Coach in Tacoma, WA



Billy Kehoe

- Creator of Dream Team Softball & the Krush Hitting Co.
- Regarded as one of the top hitting instructors in the sport.



Michael McCormack

- Portland, Oregon native
- A key player in the Oregon diamond sport industry for the last 10 years
- Certified Krush Hitting instructor
- Operations Director for DTS & KHC

...and more local coaches round out the staff.

Dream Team Softball Total Skills Camp July 5-8, 2011 Lake Oswego, Oregon

Hosted by
Krush Hitting Company &
Dream Team Softball

DREAM
TEAM
SOFTBALL.

"Instruction from the
World's Best Players & Coaches"

Come enjoy a fast pitch softball total skills camp hosted by the Dream Team of Instructors and the most respected hitting school in the country ... All in the cool pines of Lake Oswego, Oregon.

Four days of quality instruction, fun and even some exposure to some influential people in the industry.



www.idreamsoftball.com
&
www.krushhittingcompany.com



Event Details

The Krush Hitting Company

Camp Summary & Overview

Camp Location:

- Waluga Jr High Softball Facility
- Lake Oswego, Oregon

Eligible participants:

- *8-18 year olds
- *Campers will be grouped with similar aged kids to maximize safety and instructional effectiveness

Camp Sessions:

- #1 July 5-8, 8:30AM-Noon daily (ages 8-11)
- #2 July 5-8, 12:30-4PM daily (ages 12 & up)

Cost:

- \$175
- Team rates available, call for details.

Registration/information:

- www.idreamsoftball.com or
- www.krushhittingcompany.com
- idreamsoftball@gmail.com
- Michael McCormack—503-939-2677



Integrating the Art & Science of Hitting

HITTING TOPICS COVERED

- The common movements of exceptional hitters (swing mechanics)
- Understanding swing faults & how to fix them
- How to hit off-speed pitches
- High-velocity adjustments
- Mental approach
- Vision, tracking and pitch recognition
- How to put it all together...a simple plan.



Dream Team Softball and the Krush Hitting Company has assembled one of the finest camp staff's possible. All aspects of the game will be covered.

Pitching, hitting, defense, base-running, the mental approach, functional strength training for softball and more will be covered during these 4-day camps.

The instruction will be exceptional as we believe this is the backbone of the Softball industry.

This event will also "showcase" the talents of each player as they will be rubbing elbows with coaches & scouts throughout the camp.

Example of Daily Schedule

Tuesday, July 5 – Friday, July 8

Morning session (#1)

8:30AM	Camp check in
9:00AM	Speaker
9:15AM	Warm up, stretch & throw
9:45AM	Defensive instruction & drills
10:30AM	Hitting instruction & drills
Noon	Daily session over

Afternoon session (#2)

12:30PM	Camp check in
1:00PM	Speaker
1:15PM	Warm up, stretch & throw
1:45PM	Defensive instruction & drills
2:30PM	Hitting instruction & drills
4:00PM	Daily session over